WOODCREEK LADY TIMBERWOLVES GIRLS SOCCER 2015

Jan 6 <u>Voluntary</u> conditioning starts 3 days a week in the stadium 3-4:30 pm (2-3:30 Mondays)

Feb 9 Try-outs will be held on the back field or the stadium @ 3:00 to 5/5:30

We will have a Varsity and a Junior Varsity team with **approximately** 16-20 players per team.

You must have a completed and cleared athletic packet, turned into Ms. Becker - NOT YOUR COACH - before you can even try out and/or <u>participate in pre-season conditioning</u>. The athletic packets can be found on our website under the Athletics tab. A completed physical must be obtained as well. You also must be clear of all fines/fees. Any questions see Ms. Becker in the Asst. Principals office.

DO NOT BRING ATHLETIC PACKETS TO CONDITIONING OR TRY-OUTS.

You must have cleats and shin guards in order to try-out and running shoes for conditioning

For try outs, wear a white T shirt with your last name written on front and back. Write large so the coaches can see your name.

Try-outs will be EVERYDAY from 3:00 to 5/5:30 or evenings 5:30 to 7:30 in the stadium. (Bad weather)

Please contact Coach Mark Bowman @ 916-622-7465 or by email msbowman@ymail.com with any questions.

www.woodcreeksoccer.com