

WOODCREEK WOMEN'S SOCCER 2023-24

Oct 2 *Voluntary* conditioning starts 2 days a week in the stadium or back soccer field.
Mondays & Wednesdays 3:35-4:30

Oct 30 Try-outs will be held in the stadium or back soccer field. Times TBD

We will have a Varsity, Junior Varsity and a Frosh/soph team with *approximately* 16-20 players per team.

You must have a completed and cleared athletic packet submitted online *before* you can try-out and/or participate in pre-season conditioning. <https://sites.google.com/rjuhsd.us/woodcreekathletics/safety-and-clearance/athletic-clearance>

You must be clear of all fines/fees. Any questions see Ms. Souza in the Asst. Principal's office.

You must have cleats and shin guards in order to try-out and running shoes for conditioning.

For try outs, wear a white t-shirt with your last name written on front and back. Write large so the coaches can identify you.

Try-outs will be *EVERYDAY* in the stadium and/or back soccer field.

Please contact Coach Mark Bowman @ 916-622-7465 or by email @ mbowman@rjuhsd.us with any questions.

www.woodcreeksoccer.com

2012 CIFSSS Section Champions

2017 Sierra Foothill League Champions

2019, 2020, 2021 & 2022 Capital Valley Conference Champions